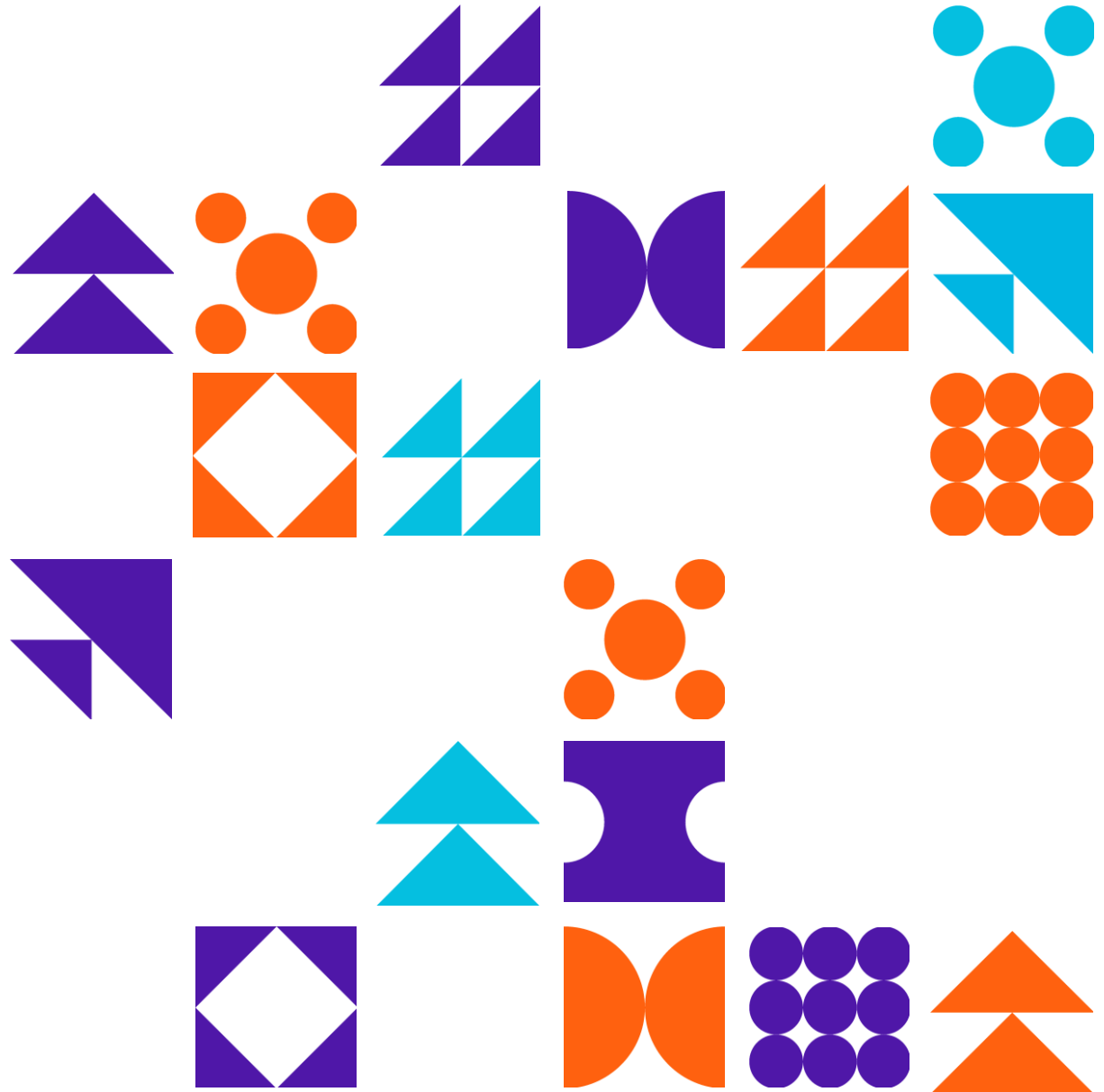


# PMI Sweden Mentorship Program 2022

Webinar 26.10.2021



# Welcome!

Do you want to be a mentor or a mentee?

This webinar is for anyone who wants to join the mentorship program organised by PMI Sweden Chapter for PMI members

There is no obligation to join the Mentorship program if you attend this webinar. You are welcome to join this webinar and then make up your mind.

## **As a member of PMI Sweden Chapter:**

Access to valuable network

Opportunity to participate in developing seminars (as a member you have priority).

Discount at the annual Passion for Projects Congress

## **As a member of PMI:**

Free & discounted resources on PMI's website, e.g. digital copy of PMBOK Guide.

Free access to [projectmanagement.com](https://www.projectmanagement.com), and the resources available there.

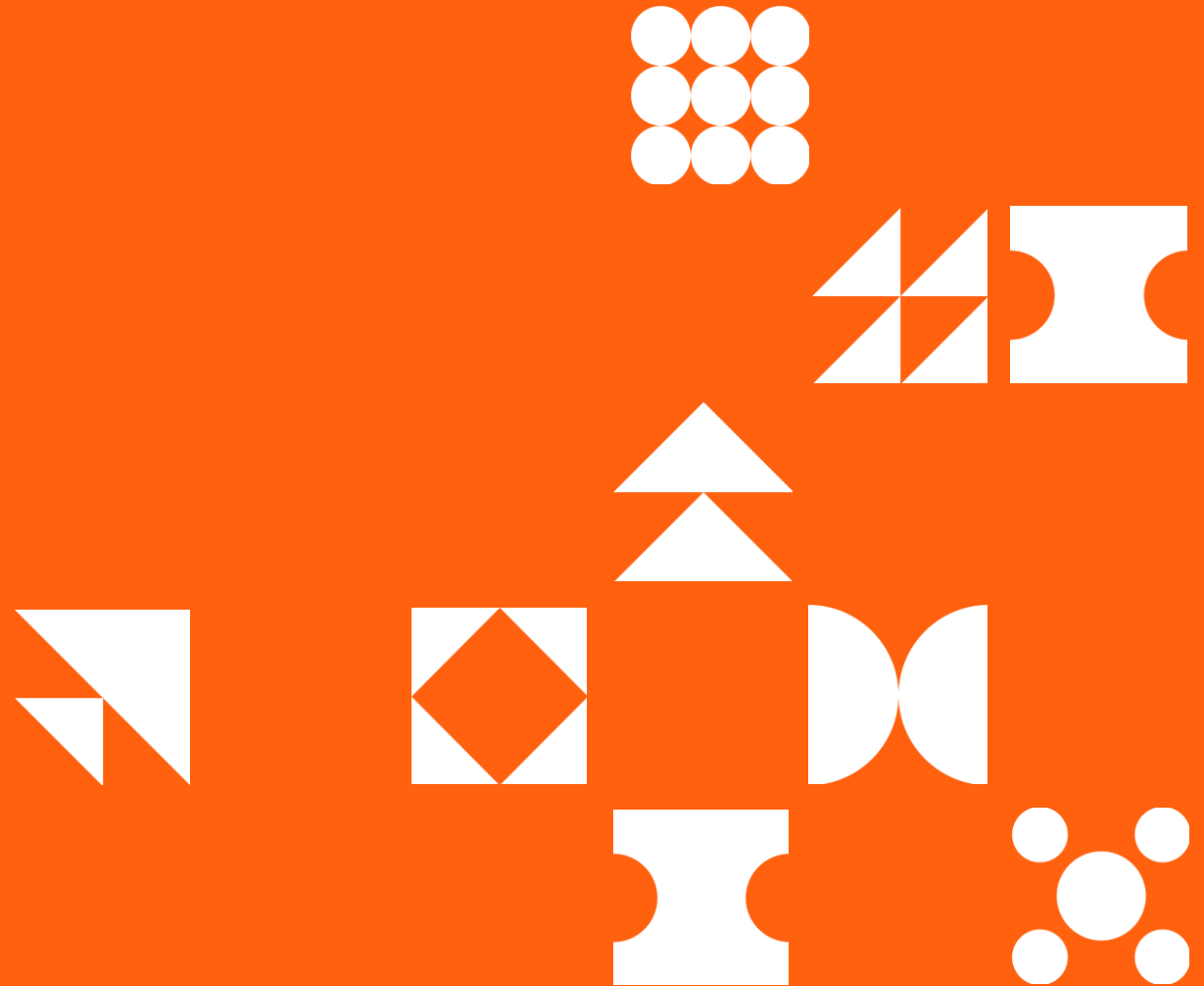
# AGENDA

## Part 1

- Program and Timeline - Filip
- What is Mentoring? - Kelly
- How do you update your profile - Lars

## Part 2

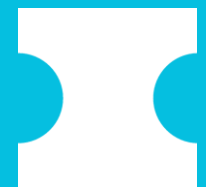
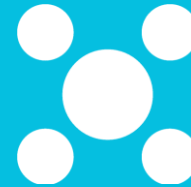
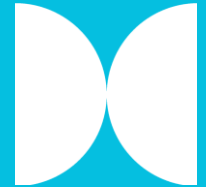
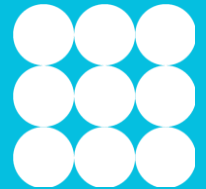
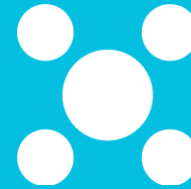
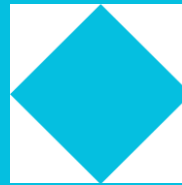
- Getting to know the participants - Imran
- Q&A - Imran
- PDU's





# Program and Timeline

Filip Uppsäll-Sjögren





# PMI Sweden Mentoring program

- For members
- 6 months duration
- Minimum 4 mentor meetings
- PDU (6 Mentee /12 Mentor)
- Webpage filled with valuable materials

## Short History

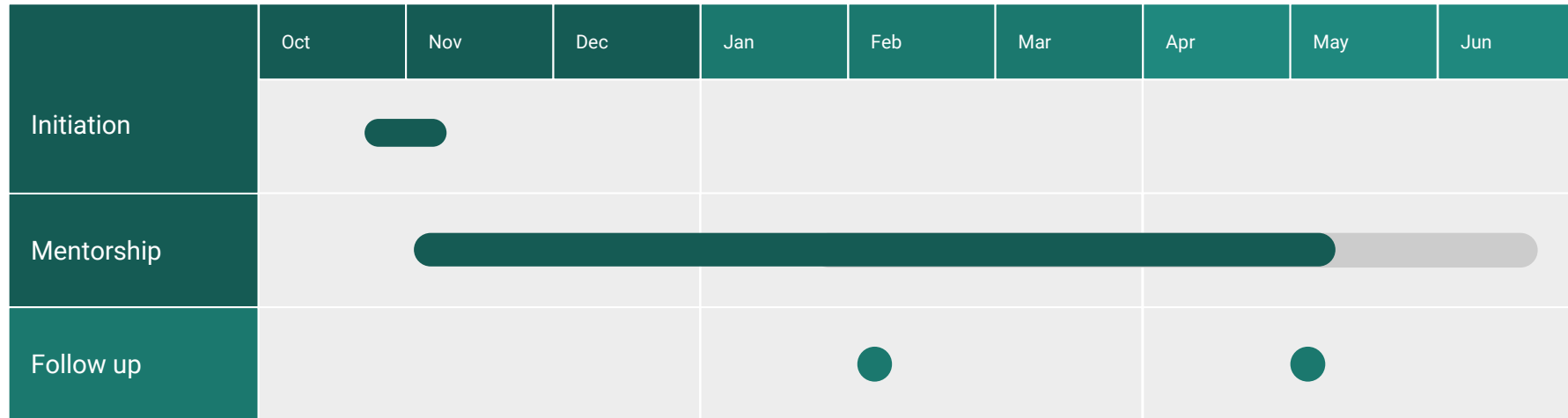
2020: 5 mentor/ mentee relations

2021: 9 mentor/ mentee relations

2022: Goal to have 20 mentor/ mentee relations

Huge improvements together with earlier participants!!!

## Timeline



### Important Dates (preliminary):

- 26 Oct - Introduction & initiation
- 9 Nov - Matching should be finished and Mentoring begins
- 1 Feb - Halftime follow up
- 3 May - Final follow up & End of program

### Requirements:

- 4 Meetings during 6 months
- Giving feedback at follow up surveys
- If possible join us at follow up meeting to share experiences

### Optional:

- Give testimonials during the program
- Share your experience
- Spread the word about the program



# How do I join?



- Go in on homepage to register for the program
- Update your profile to let others know what our looking for.
- Read up on other participants, reach out and connect.
- When you have found someone who agree to a mentorship, email us at [mentorskap@pmi-se.org](mailto:mentorskap@pmi-se.org)
- If you have any questions or problems at any time, please reach out to us on the same email!



# Our Homepage

- Sign up function
  - The Handbook
  - Video interviews
  - Link to podcast
  - Quick info
  - And a FAQ
- 
- As well as the new functionality to PMI-SE to let members find Mentors and Adepts

We hope to keep adding more valuable materials on our homepage, like recordings from previous webinars, materials from the Mentor Training program etc.



# What is Mentoring?

Kelly Gutierrez  
Volunteer on PMI-SE Mentorship Program Team

# What is mentoring?

“A powerful **personal development** and **empowerment** tool.

A helpful relationship based on **mutual trust and respect**.”

*PMI Mentoring Handbook*

The goal of the mentorship program is to contribute to professional development and provide the conditions **to create a stronger network** between the members of the organization.

"Mentoring is to support and encourage people to manage their own learning in order that they may maximise their potential, develop their skills, improve their performance and become the person they want to be."

*Eric Parsloe, the Oxford School of Coaching & Mentoring*

“This Mentoring scheme expects **The Mentor** to be more experienced than the Mentee **to pass on specific advice and examples from their own experience**. The Mentor will help the Mentee improve their professional skills in the project, program and portfolio management disciplines, according to their needs stated on application

*PMI Mentoring Handbook*

## The **Mentor's** role is to:

...provide support and guidance to Mentees,  
providing the Mentee with development opportunities  
based on agreed objectives.

- Should be a program or project manager or similar, **with management experience to share.**
- Must be a current member of the PMI Sweden Chapter
- Should be a **successful professional with the right attitude, willing to share knowledge** with the Mentees.
- Please note that this is a volunteering role, without remuneration other than the ability to claim PDUs.

## The **Mentee's** role is to:

...ensure  
that the scheme is used as an opportunity  
for personal development,  
based on agreed objectives.  
The most suitable Mentor required to achieve that goal  
is not necessarily someone more senior.

- Mentees have the duty to **specify their expectations, needs and goals** they want to achieve during the mentoring program.
- This will facilitate the mentors' role and will contribute to a successful mentor-mentee relationship

# Mentor or Coach?

## **Mentor - The Definition**

A mentor is someone who shares their knowledge, skills and/or experience, to help another to develop and grow.

## **Coach - The Definition**

A coach is someone who provides guidance to a client on their goals and helps them reach their full potential.





*Mentorship is ... “a helpful relationship based upon mutual **trust and respect**.”*

*PMI-SE Mentoring Handbook 2022*

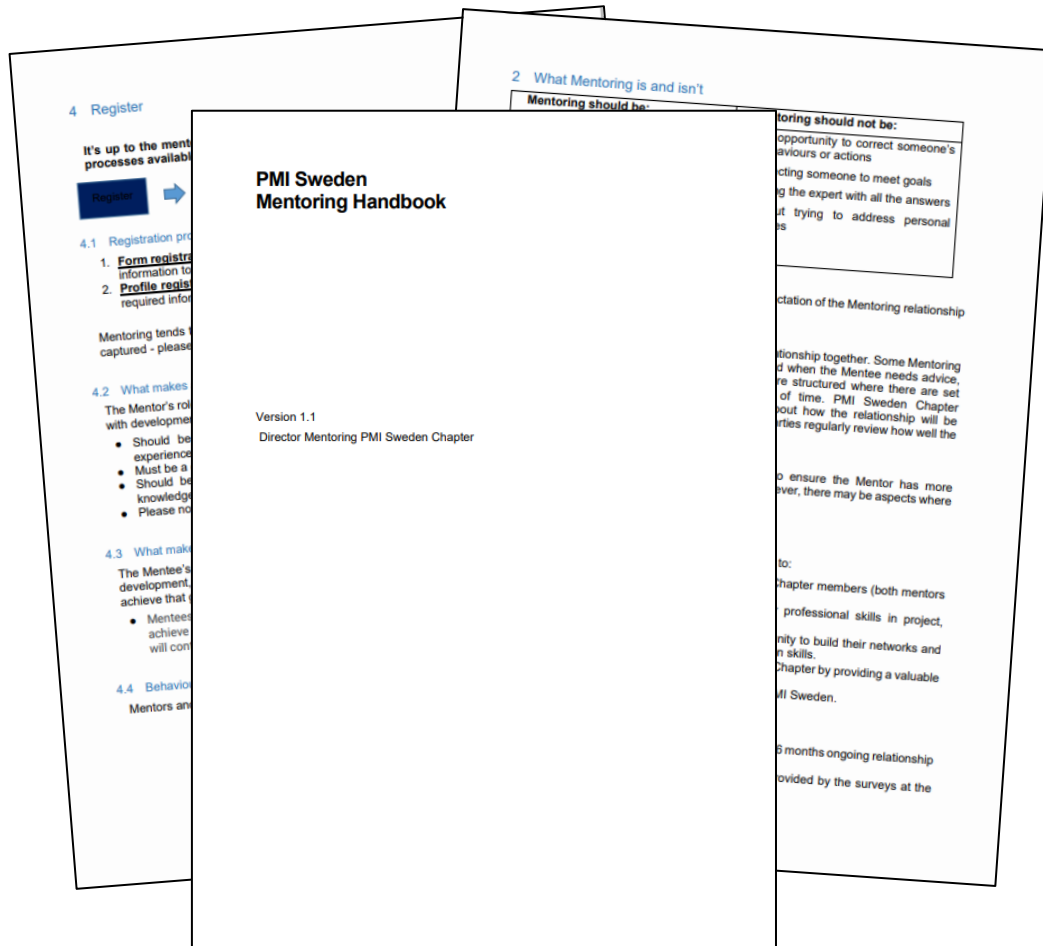
## Code of Conduct

Values that support the PMI code of ethics and professional conduct :

- responsibility,
- respect,
- fairness, and
- honesty.



# The PMI Sweden Mentoring Handbook



The training program will also connect to and provide the opportunity to discuss the content of the [PMI Sweden Chapter Mentoring Handbook](#).

# Experience Sharing

- Jonas Hultberg – Mentor 2020 and 2021



# PMI-SE portal mentorship functionality

Lars Rylander  
Volunteer on PMI-SE Mentorship Program Team





# PMI-SE Web App Updates

## Summary

- Updated functionality and design of the profile page
- Adding links to the individual's profile for LinkedIn, Facebook and Web page
- Choose the role(s) of interest (Mentor, Mentee or both)
- Search for other individuals that have signed up for the same mentor program, based on role (mentor/mentee), interests, competences, name
- Button to initiate a Message in My Contact and in the My Contacts list
- Option to change/update the contact relation
- Signing up for a program (like "PMI-SE Mentor program 2022")

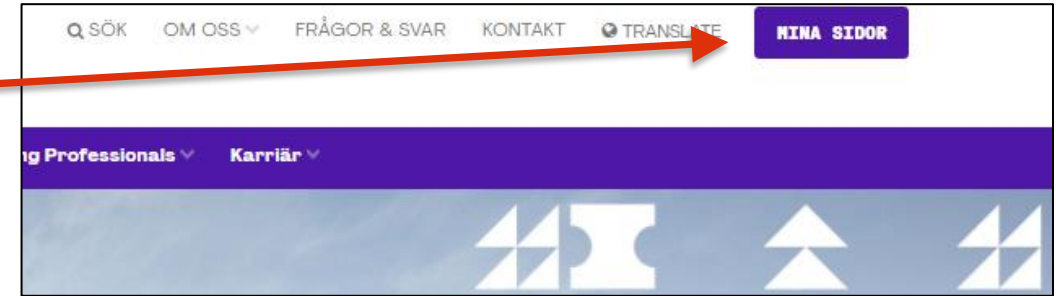
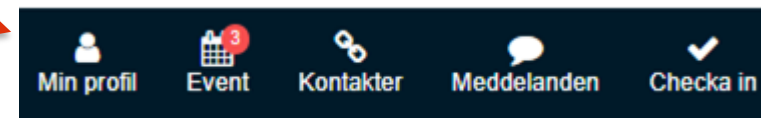
# The PMI SE Web App – Logging in

## Start by logging in to pmi-se.org

To log in click on “Mina sidor”

Enter your email address or PMI membership ID and password and click “Logga in”

When you have successfully logged in, you will see the shortcut menu at the bottom of the screen. Use this menu to navigate to the different functions described in this quick reference.

A screenshot of the login form titled 'Logga in'. It contains two input fields: 'E-post eller PMI Medlemsnummer:' with the email 'larsrylander@telia.com' entered, and 'Lösenord:' with masked characters '.....'. Below the fields is a checkbox labeled 'Kom ihåg mig' and a purple 'Logga in' button. At the bottom are links for 'Registrera konto' and 'Glömt lösenord'. A red arrow points from the text 'click “Logga in”' to the 'Logga in' button.

# The PMI SE Web App – Updating your Profile

## Start by updating you own profile

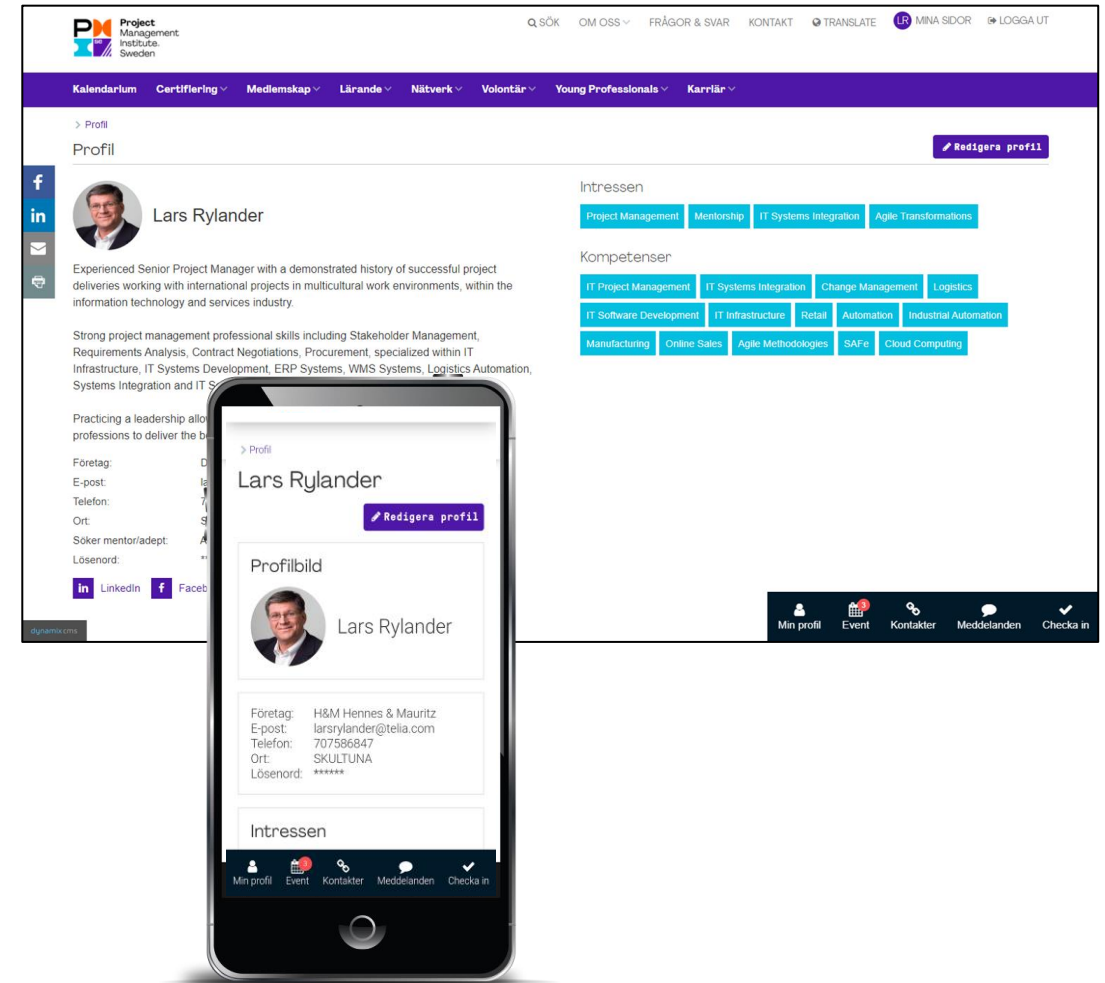
Start using the new functionality by updating your profile, adding contact information and selecting your preferences. Login is required.

Some basic information is inherited from pmi.org and cannot be changed. To update that, you will need to do that in your profile on <https://www.pmi.org/>

Adding a photo will make your profile look better, more personal and make it easier to find you.

You may also choose what users will be able to see and connect to you.

Password may also be changed here.



# The PMI SE Web App – Updating your Profile – New functionality

## Updating your profile

- Profile presentation
  - You can now provide a short presentation of your self
- Link to your LinkedIn profile
  - If you want to share your LinkedIn profile, please add your public profile URL
- Link to your Facebook profile
  - If you want to share your Facebook profile, please add your public profile URL
- Web site link
  - If you want to share your web page, please add your web site URL
- Are you looking for a mentor or adept (or both)
  - Select from dropdown list
- Select whom to share the information with

LinkedIn (länk):  Visa för medlemmar och ▼


Facebook (länk):  Visa för medlemmar och ▼

Söker mentor/adept:  ▼

Notifieringar om meddelanden:  ▼

Profil

Redigera Profilbild

 Lars Rylander

Profilbild:  Visa för kontakter ▼

Redigera uppgifter

Information om dig:  Visa för medlemmar och ▼

LinkedIn (länk):  Visa för medlemmar och ▼

Facebook (länk):  Visa för medlemmar och ▼

WWW (länk):  Visa för medlemmar och ▼

Söker mentor/adept:  ▼

Notifieringar om meddelanden:  ▼

Save when you are done!



# The PMI SE Web App – Updating your Profile – New functionality

## Updating your profile

- Interests
  - Add interest that you would like to share in your profile
- Competences
  - Add competences that you would like to share in your profile
- Change password
  - Enter your current password
  - Enter your new password
  - Confirm your new password

**Click to save your new password**

**Intressen**

Project Management x Mentorship x IT Systems Integration x Agile Transformations x

Nytt intresse:

**Lägg till**

**Kompetenser**

IT Project Management x IT Systems Integration x Change Management x Logistics x

IT Software Development x IT Infrastructure x Retail x Automation x Industrial Automation x

Manufacturing x Online Sales x Agile Methodologies x SAFe x Cloud Computing x

Ny kompetens:

**Lägg till**

**Byt lösenord**

Gammalt lösenord:

Nytt lösenord:

Upprepa lösenord:

**Byt lösenord**

# The PMI SE Web App - Connections

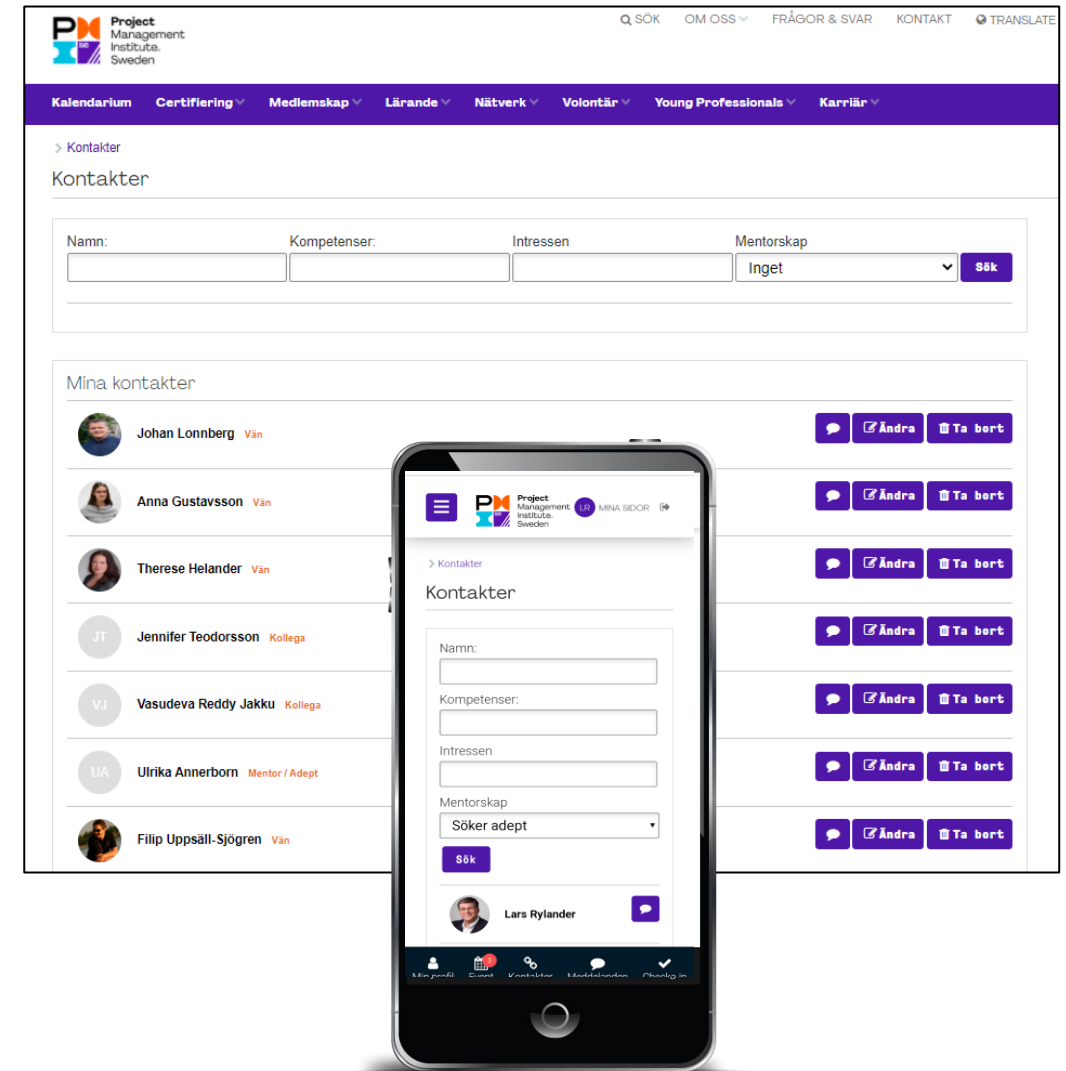
## Search and manage Connections

You may search for other registered members and non-members.

Provided that they have chosen to make themselves available for others. Depending on their settings you will be able to see photo and contact information. You can add and remove contacts here.

You can search for the following:

- Name
- Competences
- Interests
- Mentorship: Looking for a mentor or mentee/adept



# The PMI SE Web App - Messaging

## Send messages from the search page

You may create and send messages directly from the search page. Click on the message button in the search result list to start a new conversation.

Kontakter

Namn: Kompetenser: Intressen Mentorskap

Söker adept Sök

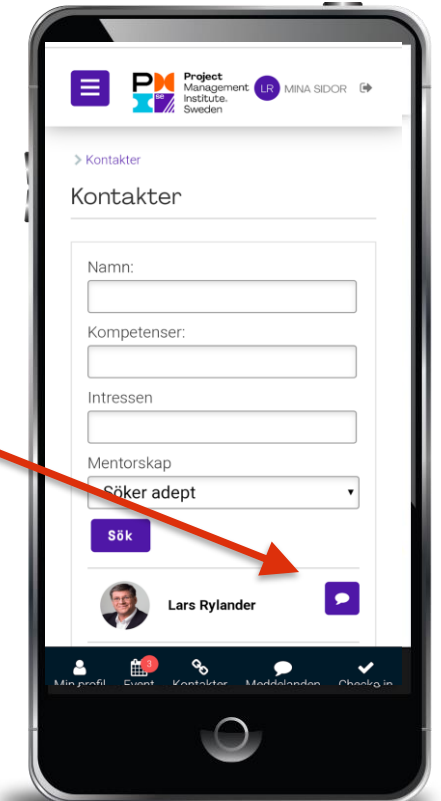
Lars Rylander

This will bring up the messaging function.

Nytt meddelande

Ämne:

Till: Lars Rylander



# The PMI SE Web App - Messages

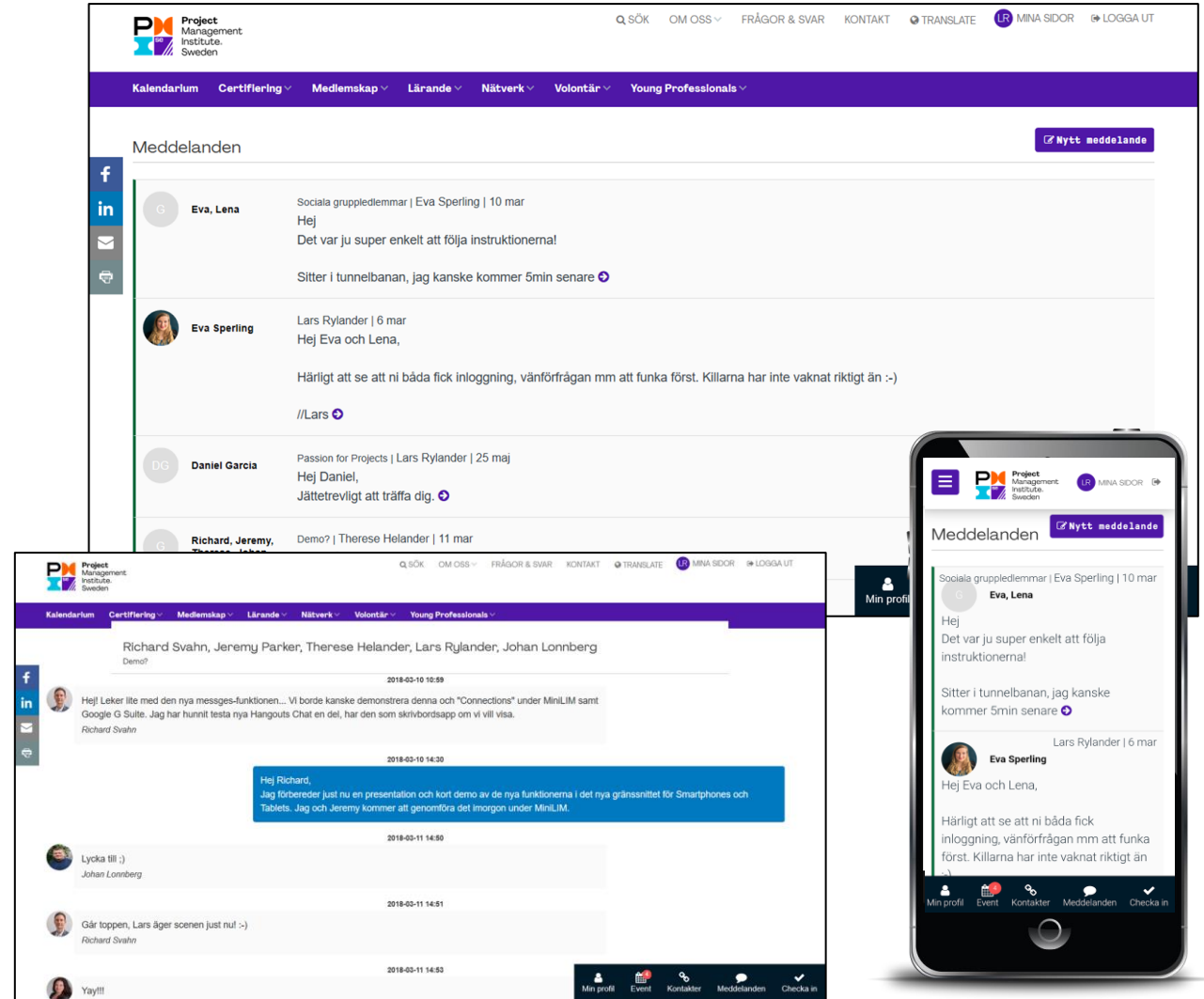
## Keep in touch with Messaging

You may send and receive messages with your contacts.

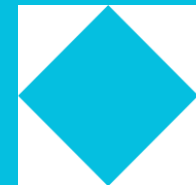
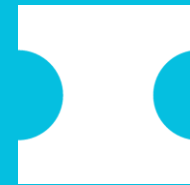
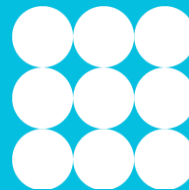
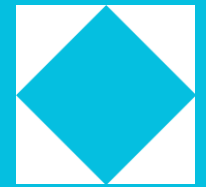
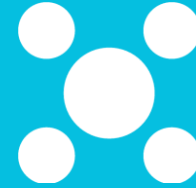
Messages is not an email function, but more similar to the messaging functionality on other social media platforms.

It works similar on all device platforms, except for the interface being slightly more limited on your smartphone.

When a message is sent, an email notification will also be sent to the email address of the recipient.

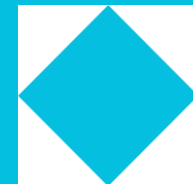
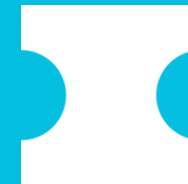
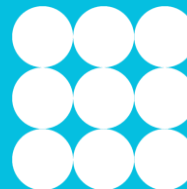
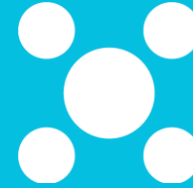


Time for a break  
5 min



# Getting to know the participants

Imran Khurshid  
Volunteer on PMI-SE Mentorship Program Team



# Are you a mentor, mentee, or both?





# What are your expectations from the Mentorship Program as a Mentee? You can also mention your name.

I hope to find a person who help me/guide me in a professional development

Guidance on career path

■■■■ new to Stockholm and newly certified. Looking for guidance regarding Swedish job market

Personal and professional development

Get any kind of advice in how to get a job or how to approach to the companies as a PM or any area related to civil engineering. ■■■■

Help in cerification

I hope to enhance my knowledge in the areas I'm interested in such as data strategy or digital strategy and vice versa of others who are seeking mentorship. ■■■■

Find a person that would guide me to develop as a person and a professional. And also to get a good bound and a relationship that perhaps will last regardless of the program

Help in sharing my experience, and helping others to have the skills needed for managing multifunctional and multicultural skills.

1. Please take turns to Introduce yourself. (1 min for each participant).
2. Share if you are looking for a mentor, mentee or both. What would you like to learn as a mentor and/or as an adept?
3. Please choose 1 question from the 3 below and share your thoughts.
  - i. What fictional world or place would you like to visit?
  - ii. What is your favorite emoji? (You can talk about it or click on the one from the bar below on you Zoom screen.)
  - iii. What is the best piece of advice you have been given?

# What did you find the most interesting?

Learning other people background

To here about experience of other people 😊

That so many have joined to learn about swedish job market

The best advise was a really good

We were all international, with different backgrounds.

Getting to know other participants

Their perspectives and ways of thinking

Many experience in other countries

The best advice it was interesting and inspiring

Learning to know new people

The best advice: not to be afraid of trying new things

The conversation, listen and understand all participants.

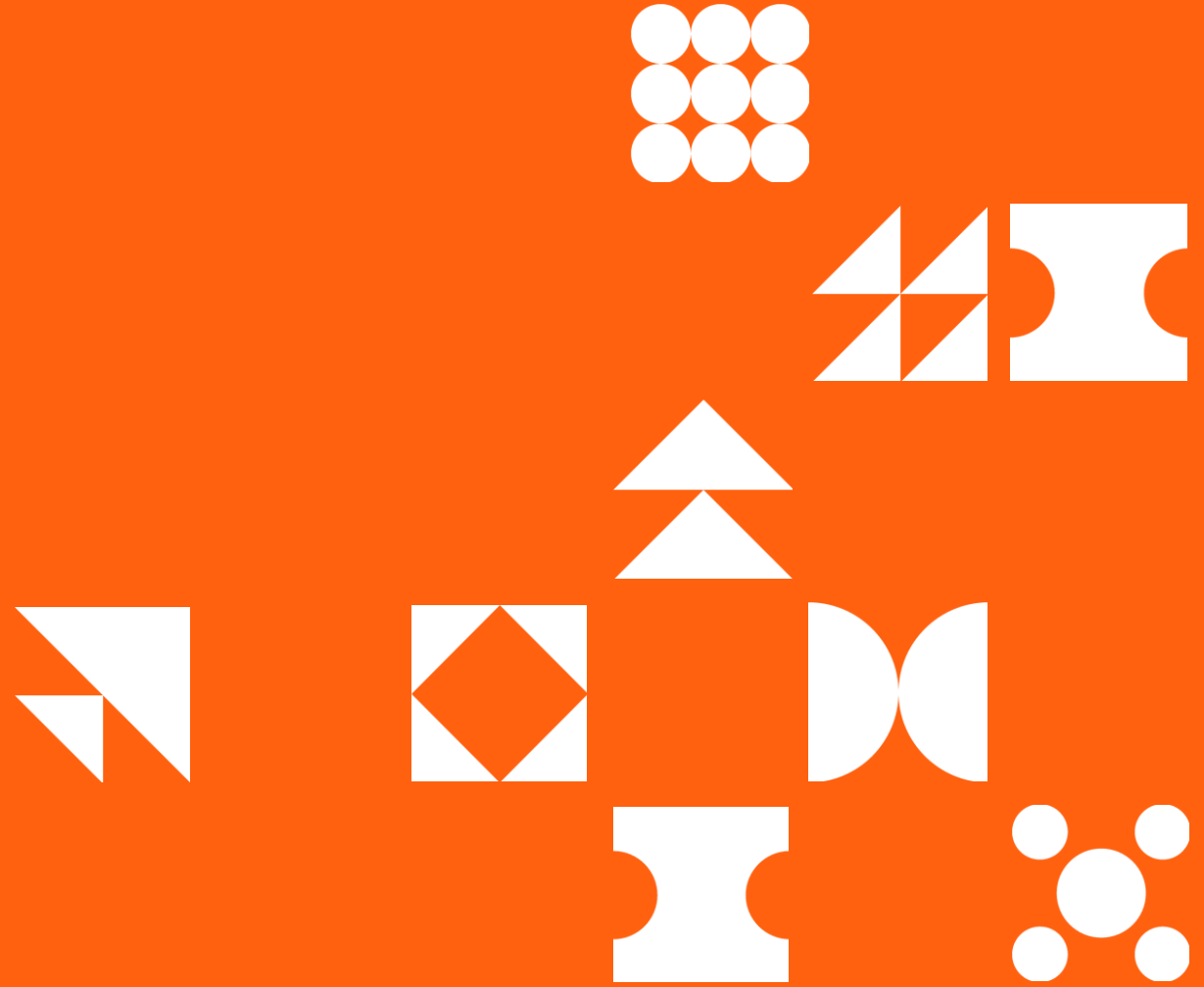
Learn about others expectations

Encounter with the candidate experienced mentors whose working area I am interested in

# What are your feelings, thoughts, and emotions at this point?



# Q&A



# Frequently Asked Questions

Q: Who should initiate the contact?

A: Both the mentee or the mentor could do it.

Q: I have never been a Mentor, can I still be one.

A: Yes, as long as you have experience in a PM area and want to use that to help someone else grow.

Q: Can I be a Mentor as well as an Mentee?

A: Yes, one person might have a lot of experience in one area and at the same time have a need to have some guidance in another area.

Q: Do I need to find someone in the same kind of business as me?

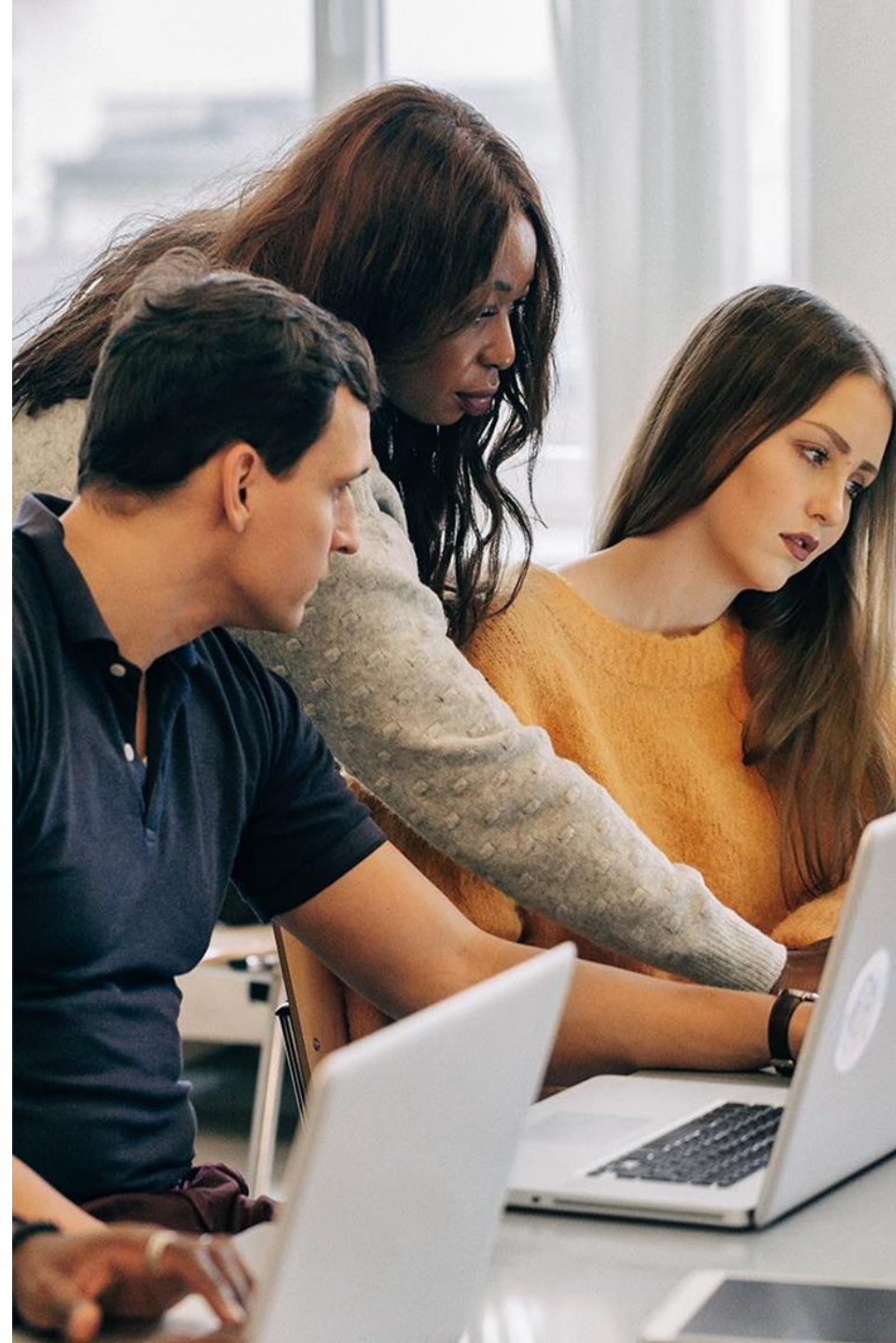
A: No, we have heard from some Mentors that thought it was very rewarding to have someone in another line of business as it forced them to adjust their knowledge to suit the Mentee.

Q: What is the process of creating action plans for the mentee during/after meetings with the mentor?



# Call for Action

- ❑ Sign up for the Program here [Mentorskap - pmi-se.org](https://mentorskap-pmi-se.org)
- ❑ Update your profile
- ❑ Initiate the contact with your potential Mentor or Mentee
- ❑ E-mails us at [mentorskap@pmi-se.org](mailto:mentorskap@pmi-se.org) when you found your match
- ❑ Plan and actively participate in your mentorship meetings!!!





# THANK YOU

PMI-SE Mentorship team  
[@pmi-se.org](https://pmi-se.org)

